

## How to Create a Psychosocial

The following is an outline of a comprehensive psychosocial. Be sure to use complete sentences and include all of the following information.

### Brief Identifying Data

- Full name, date of birth, race, marital status, number of children
- Length of time in current program, shelter or hospital
- Usual appearance including physical build, dress, neatness, any distinctive points
- Type of financial and medical benefits

### Social History

- Background information: birthplace, structure of family at birth, was raised by whom, number of siblings, any history of foster care, what life was like growing up
- Identification of any family problems
- Marital status and history including ages and whereabouts of all children
- Citizenship / Immigration Status

### Education and Employment History

- Highest grade completed
- Details of educational history including degrees and any vocational training
- Brief overview of employment history
- Attitude and goals regarding school and work

### Psychiatric, Medical and Substance Abuse History

- All in-patient psychiatric hospitalizations as well as outpatient treatment including name of medical center/clinic, length of stay and precipitating factors
- History of homicidal/suicidal behavior
- History of use of alcohol/drugs as well as any treatment
- Outstanding medical problems and treatment
- Current medications with dosages and frequency
- Current psychiatric and medical doctors and therapist with contact information

### Housing History

- Describe current and past history of housing
- Include any history of homelessness
- Housing goals for the future

### Current Situation and Recommendations

- Give a general idea of who the person is now
- Describe the person's goals
- Include areas the person need to continue to work on and what supports the person may need
- Indicate your overall recommendations for this person including why he/she is a good candidate for this program